International Health Forum 2019 Health Issues Conference

Date: 22 May 2019

Venue: RNLI College, West Quay Road, Poole, BH15 1HZ, UK

Agenda

Chaired by Dr David Flower (BP)

- 09.00 Fitness Standards
 Dr Gemma Milligan
- 10.00 Health Screening
 (Anthropometrics/Whole body vibration)
- 10.30 Accident Prevention

 Lagging to leading

 indicator switch

 Karen McDonnell RoSPA
- 11.00 Refreshments and networking
- 11.30 Remote health care
 Sundeep Dhillon
 xtreme-everest
- 12.00 Mental health and post traumatic issues
- 12.30 Management of Change RNLI
- 13.00 Lunch and networking

- 14.00 Casualty handling from recovery to delivery – Practical demonstration Dr Paddy Morgan & Adrian Mayhew
- 15.30 Survival Pool/Boat
 Building tour
 RNLI
- 17.00 Break
- 18.00 Key Note Speech
 Jason Mallinson Pride
 of Britain winner: Thai
 Cave rescue Diver
- 19.15 Drinks Reception*
- 20.00 Evening Meal with speeches*
- *Not included for all registrants a £40.00 surcharge applies if you wish to attend the drinks reception and evening meal

Register for free to attend (drinks reception and evening meal not included)

1-day delegate pass
(drinks reception and evening meal included)
£40.00 plus VAT

Delegates will need to book hotels directly, many hotels are available in the area, but two are listed below.

PRICE, TRAVEL AND ACCOMMODATION

- ☐ <u>Travelodge</u> approximately £80.00 per night – 2-minutes walk from RNLI
- ☐ Thistle Hotel —
 approximately £120.00 per
 night, including breakfast
 a pleasant 20-minute
 walk from RNLI along the
 quayside

